

2023 June is Recreation and Parks Month - Seniors Month - Pride Month Activities

Event/Activity	Date/Time	Location
Pride Month – banners on light posts in parking lots at all recreation facilities	June 1 – 30	<ul style="list-style-type: none"> • Iroquois Park Sports Centre (500 Victoria St.) • McKinney Centre (222 McKinney Dr.) • Whitby Civic Recreation Complex (555 Rossland Rd. E) • Brooklin Community Centre & Library (8 Vipond Rd.) and • 55+ Recreation Centre (801 Brock St. S)
55+ Art Rail An art exhibition featuring local 55+ artists.	June 1 – 30	Whitby Public Library (Second Floor) 405 Dundas St. W
Pride Flag Raising at Town Hall	Thursday June 1 10:00 a.m.	Whitby Town Hall 575 Rossland Rd. E
“Play in Whitby Day” – Booths with Local Sport/Recreation Organizations, Town Activities and Free Skates/Swims	Saturday, June 3 10:00 a.m. – 3:00 p.m. <ul style="list-style-type: none"> • 10:00 a.m.- 2:00 p.m. Lobby activities (info tables, crafts) • 9:30 a.m. – 11:00 a.m. Free Public Skate 	Iroquois Park Sports Centre 500 Victoria St. W

	<ul style="list-style-type: none"> • 11:00 a. m. – 12:30 p.m. Free Youth Shinny (8-10yrs) • 12:30 p.m. – 2:00 p.m. Free Youth Shinny (11-14yrs) • 1:00 p.m. – 3:00 p.m. Free Public Swim • 2:00 p.m. – 3:45 p.m. Free Public Skate 	
Trail Walking with Mary – explore the waterfront trail with Mary a 55+ volunteer.	Tuesday, June 6 9:00 a.m.	Heydenshore Parking Lot 580 Water St. (Playground lot)
Outdoor Yoga Flow	Wednesday, June 7 1:00 p.m. – 2:00 p.m.	Whitby Civic Recreation Complex 555 Rossland Rd. E (Front doors)
55+ Art Show “Meet the Artists” with snacks and refreshments.	Friday, June 9 11:00 a.m. – 12:00 p.m.	Whitby Public Library (Second Floor) 405 Dundas St. W
Fraud Prevention Seminar with Durham Regional Police Services.	Friday, June 9 1:00 p.m. – 3:00 p.m.	Whitby 55+ Recreation Centre 801 Brock St. S
Drag Queen Story Time – story time and musical fun for all children and their caregivers. A family friendly program that will showcase stories and songs that explore and celebrate diversity and inclusion followed by fun activities and snacks. This is a partnership event with Durham Region Public Libraries the Durham	Saturday, June 10 10:00 a.m. – 12:00 p.m.	Whitby Public Library 405 Dundas St. W

Children's Aid Society, and Youth Pride Durham.		
Outdoor Boot Camp Fitness Class	Wednesday, June 14 1:00-2:00 p.m.	Whitby Civic Recreation Complex 555 Rossland Rd. E (Front doors)
Elder Abuse Awareness Day – Free Coffee and Information	Thursday, June 15 9:00 a.m. – 3:00 p.m.	Whitby 55+ Recreation Centre 801 Brock St. S
Youth Pride Day – Show your Pride colours and join in the fun! This event will include performances with music and dance, a photo booth, face painting and snacks. The event will include a resource village for services and programs within the Region. This is a partnership event with the Region of Durham, Durham Children's Aid Society, Youth Pride Durham, and Durham Region Municipalities.	Saturday, June 17 1:00 p.m. – 4:00 p.m.	Durham Regional Headquarters 605 Rossland Rd. E
Ukulele in the Park – 55+ Ukulele Group Performs	Monday, June 19 1:00 p.m. – 3:00 p.m.	Rotary Centennial Park 800 Brock St. S (Across from the 55+ Centre)
Outdoor Gentle Yoga	Wednesday, June 21 1:00 p.m. – 2:00 p.m.	Whitby Civic Recreation Complex 555 Rossland Rd. E (Front doors)
55+ Extravaganza BBQ - Visit the 55+ centre for a BBQ lunch, entertainment, and fun! Mini bazaar and demos.	Friday, June 23 10:00 a.m. – 3:00 p.m.	Whitby 55+ Recreation Centre Lawn Bowling Lynde House
Outdoor Cardio Circuit	Wednesday, June 28 1:00 p.m. – 2:00 p.m.	Whitby Civic Recreation Complex 555 Rossland Rd. E (Front doors)

<p>Trail Walking with Mary - explore Cullen Park trails with Mary a 55+ volunteer.</p>	<p>Thursday, June 29 9:00 a.m.</p>	<p>Cullen Park 4015 Cochrane St. (Parking lot by pickleball courts)</p>
<p>Playground Program – Drop-in Drop-in activities and promotion of the Summer Playground Program.</p>	<p>Friday, June 30 Morning sessions: 9:30 a.m. – 11:00 a.m.</p> <p>Afternoon sessions: 1:00 p.m. – 2:30 p.m.</p>	<p>Morning Locations:</p> <ul style="list-style-type: none"> • Carnwith Park • Darren Park • Pringle Creek Park • Portage Park <p>Afternoon Locations:</p> <ul style="list-style-type: none"> • Folkstone Park • Peel Park • Jeffery Park • Willow Park